

Nappy Change Policy

Evidence of link to Regulations (ECSNR):

Part 4.3 Div. 2

R112

R115

Evidence of link to NQS::

QA2, St2.1, E2.1.3, E2.1.4

QA3, St3.1, E3.1.1, E3.1.2

QA6, St6.2, E6.2.1

QA5, St5.1, 5.1.1

Version	Date	Author	Change Description

Policy Objective

The centre will minimise the spread of infectious diseases between children and centre staff by ensuring changing and disposal of nappies is efficient and according to recommended guidelines. The centre will ensure that nappy changing procedures are positive experiences which meet children's individual needs while implementing correct hygiene practices.

Rationale

An effective nappy changing and toileting policy is one where each child's individual needs and comfort is considered. Hygiene and safety requirements minimise the possibility of cross-infection during nappy change. Good hygiene practices when changing nappies protect the child and the practitioner.

Children's developing toileting abilities should be guided with a sensitive approach from educators. The decision to commence toilet training at child care must be made in consultation with the parents.

Educators should create routines that allow for one-to-one quality time where the practitioner can interact with the infant/toddler at various times including nappy changing. Responsive educators will use nappy change time as a prime time to interact with children, creating positive experiences through singing, talking and interacting.

Relevant Legislation:

Workplace Health and Safety

<http://www.workplacehealthandsafety.com.au/>

Education and Care Services National Regulation, 2011

National Quality Standards – Quality Area 2, Quality Area 3, Quality Area 5 and Quality Area 6.

Strategies and practices

Procedure:

- Children will be provided with a nappy change locker for storage of individual children's disposable nappies.
- The centre will keep a supply of spare nappies for emergency purposes. The centre will supply nappy wipes.
- The nappy change benches will have mats with impervious washable surfaces.
- A water proof nappy change policy will be displayed in each nappy change area.
- Nappy change is a time for one on one experiences and will be an opportunity for communication between carer and child.

Staff will:

- 1) Ensure that the nappy change area is stocked with nappies, gloves, wipes, neutral detergent and paper towel, before changing the nappy.
- 2) Put on gloves, and place a sheet of paper on the nappy change mat.
- 3) Take the child into the nappy change area. Children who are able to walk are encouraged to do so. Older children are also encouraged to use the stairs provided under supervision.

- 4) **Staff will always maintain contact with the child whilst at the change table.**
- 5) Remove child's nappy and any soiled clothes.
- 6) Clean child's bottom with a wipe, wiping from front to back. If a glove is soiled during the change, peel back and put a clean glove on.
- 7) Place wet nappy in the nappy bin provided. Place soiled nappy in a plastic bag before placing it into the nappy bin.
- 8) Remove sheet of paper from under child.
- 9) Peel back gloves from the wrist and place into bin.
- 10) Put on a clean nappy from the child's nappy locker.
- 11) Dress the child and clean child's hands with a wipe before removing child from the area.
- 12) After each nappy change, wipe the change table using neutral detergent and paper towel. Place paper towel into the bin.
- 13) Wash hands after each nappy change using correct hand washing procedure.

References

Education and Care Services National Regulation, 2011
 Public Health Act 1991
 Managing OHS in Children's Services, Tarrant, S 2002

Resources

Staying Healthy in Child Care-preventing infectious diseases in child care fifth ed.

The Australian Children's Education & Care Quality Authority: <http://www.acecqa.gov.au/>

Policy Written by:	Position:	Date:
Approved by:	Approved Date:	Next review date:

Staff Sign: